

# Список литературы

---

1. AA.VV. (2012), *Australian and New Zealand Journal of Family Therapy*, 33 (1), special issue on Single-Session Therapy.
2. Adler A. (1925), *The practice and theory of individual psychology*, Routledge, London.
3. Alexander F., French T.M. (1946), *Psychoanalytic therapy: Principles and application*, Ronald Press, New York.
4. Allgood S.M., Parham K.B., Salts C.J., Smith T.A. (1995), The association between pretreatment change and unplanned termination in family therapy, *American Journal of Family Therapy*, 23, 195–202.
5. Ambrosi E. (2014), Disagio psichico: 17 milioni di italiani ne soffrono in silenzio, *Il Fatto Quotidiano*. Consulted on 26 September 2016:  
<http://www.ilfattoquotidiano.it/2014/02/12/disagio-psichico-17-milioni-di-italiani-soffrono-in-silenzio/878863/>
6. American Psychological Association (2006), *Practice guidelines for the treatment of psychiatric disorders: Compendium 2006*, American Psychological Association, Washington, DC.
7. Anderson H., Goolishian H.A. (1988), Human systems as linguistic systems: Preliminary and evolving ideas about the implications for clinical practice, *Family Process*, 27, 371–393.
8. Andrews G., Issakidis C., Carter G. (2001), Shortfall in mental health service utilization, *British Journal of Psychiatry*, 179, 417–425.
9. Angeretti E., Moè A., Pazzaglia F., De Beni R. (2007), Quando dire “bravo” non basta. Effetti della lode e dell’attribuzione all’impegno e all’abilità, *Psicologia e Scuola*, 134, 3–11.
10. Armento M.E.A., McNulty J.K., Hopko D.R. (2012), Behavioral activation of religious behaviors (BARB): Randomized trial with depressed college students. *Psychology of Religion and Spirituality*, 4 (3), 206–222.
11. Asay T.R., Lambert M.J. (1999), The empirical case of the common factors in psychotherapy: Quantitative findings. In M.A. Hubble, B.L. Duncan, & S.D. Miller (Eds.), *The heart and soul of change: What works in therapy*, American Psychological Association, Washington DC, pp. 23–55.
12. Bados A., Balanguer G., Saldaña C. (2007), The efficacy of cognitive behavioural therapy and the problem of drop-out, *Journal of Clinical Psychology*, 63 (6), 585–592.

13. Baekeland F., Lundwall L. (1975), Dropping out of treatment: A critical review, *Psychological Bulletin*, 82 (5), 738–783.
14. Baer J.S., Marlatt G.A., Kivlahan D.R., Fromme K., Larimer M.E., Williams E. (1992), An experimental test of three methods of alcohol risk reduction with young adults, *Journal of Consulting and Clinical Psychology*, 60 (6), 974–979.
15. Baldwin S.A., Berkeljon A., Atkins D.C., Olsen J.A., Nielsen S.L. (2009), Rates of change in naturalistic psychotherapy: Contrasting dose-effect and good-enough level models of change, *Journal of Consulting & Clinical Psychology*, 77, 203–211.
16. Bandler R., Grinder J. (1975), *The structure of magic*, Science and Behaviour Books, Palo Alto.
17. Bandura A. (1971), *Social learning theory*, General Learning Press, New York.
18. Bandura A. (1996), Teoria socialcognitiva del pensiero e dell'azione morale, *Rassegna di psicologia*, 1 (23).
19. Barbuto F., Cobras V., Ginnetti G. (2017), *Psicologia per migranti. Accoglienza e sostegno per rifugiati, profughi, richiedenti asilo e richiedenti asilo, dall'emergenza all'integrazione*, Sovera, Rome.
20. Barkham M., Shapiro D.A., Hardy G.E., Rees A. (1999), Psychotherapy in two-plus-one sessions: Outcomes from a randomized controlled trial of cognitive-behavioral and psychodynamic-interpersonal therapy, *Journal of Consulting and Clinical Psychology*, 67, 201–211.
21. Barrett M.S., Chua W., Crist-Christoph P., Gibbons M.B., Casiano D., Thompson D. (2008), Early withdrawal from mental health treatment: Implications for psychotherapy practice. *Psychotherapy: Theory, Research, Practice, Training*, 45(2), 247–267.
22. Barrett R., Lapsley H., Agee M. (2012), “But they only came once!” The single session in career counselling, *New Zealand Journal of Counselling*, 32 (2), 71–82.
23. Barros E.M.R., Barros E.L.R. (1999), A contemporaneidade em crise! De qual crise estamos falando? *Alter — Jornal de Estudos Psicodinâmicos*, 18 (1), 77–85.
24. Başoğlu M., Salcioğlu E., Livanou M. (2007), A randomized controlled study of single-session behavioural treatment of earthquake-related post-traumatic stress disorder using an earthquake simulator, *Psychological Medicine*, 37 (2), 203–213.
25. Başoğlu M., Salcioğlu E., Livanou M., Kalender D., Acar G. (2005), Single-session behavioral treatment of earthquake-related posttraumatic stress disorder: A randomized waiting list controlled trial, *Journal of Traumatic Stress*, 18 (1), 1–11.
26. Bauman Z. (2000), *Liquid Modernity*, Polity, Cambridge.
27. Bauman Z. (2006), *Liquid Fear*, Polity, Cambridge.
28. Bauman Z., Bordoni, C. (2014), *State of Crisis*, Polity, Cambridge.

29. Bednar D., Curry R., Dane D., Fernandes B., Greenway G., Oke L., Rabinovich M., Sheehan, D. (2011), Evaluation of the quick access service at child & adolescent services in Hamilton. Report on Evaluation Implementation Grant EIG-1145 2009-2010 funded by the Provincial Centre for Excellence in Children's Mental Health at CHEO.
30. Berg I.K., Miller S. (1992), *Working with the problem drinker: A solution-focused approach*, Norton, New York.
31. Berman A.H., Forsberg L., Durbeej N., Källmén H., Hermansson, U. (2010), Single-session motivational interviewing for drug detoxification inpatients: Effects on self-efficacy, stages of change and substance use, *Substance Use and Misuse*, 45, 384–402.
32. Bertuzzi V., Fratini G., Tarquinio C., Cannistrà F., Giusti E.M., Granese V., Castelnuovo G., Edbrook-Childs J., Pietrabissa G. (in press), *Single Session Therapy for the treatment of anxiety disorders in youth and adults: a systematic review of the literature*.
33. Bhanot S., Young K. (2009), *An evaluation of Reach Out Centre for Kids walk-in clinic*, unpublished manuscript.
34. Bloom B.L. (1975), *Changing patterns of psychiatric care*, Guilford Press, New York.
35. Bloom B.L. (1981), Focused single session therapy: Initial development and evaluation. In S.H. Budman (Ed.), *Forms of brief therapy*, Guilford Press, London, pp. 167–216.
36. Bloom B.L. (2001), Focused single-session psychotherapy: A review of the clinical and research literature, *Brief Treatment and Crisis Intervention*, 1 (1), 75–86.
37. Bobele M., Lopez S.G., Scamardo M., Solórzano B. (2008), Single-Session walk-in therapy with Mexican-American clients, *Journal of Systemic Therapies*, 27 (4), 75–89.
38. Bobele M., Slive. A. (2012), One session at a time: When you have a whole hour. In M. Hoyt & M. Talmon, *Capturing the moment. Single session therapy and walk-in services*, Crown House, Bancyfelin, UK, pp. 95–119.
39. Bohart A.C., Tallman K. (1999), *How clients make therapy work. The process of active self-healing*, American Psychological Association, Washington DC.
40. Bohart A.C., Tallman K. (2010), Clients: The neglected common factor in psychotherapy. In B.L. Duncan, S.D. Miller, B.E. Wampold, M.A. Hubble (Eds.), *The heart & soul of change. Delivery what works in therapy*, 2nd edition, American Psychological Association, Washington D.C., pp. 83–112.
41. Boren S.A., Balas E.A. (1999), Evidence-based quality measurement, *Journal of Ambulatory Care Management*, 22 (3), 17–23.

42. Boscolo L., Cecchin G., Hoffman L., Penn P. (1987), *Milan Systemic Family Therapy: Conversations in theory and practice*, Basic Books, New York.
43. Boyhan P.A. (1996), Clients' perceptions of single session consultations as an option to waiting for family therapy, *Australian and New Zealand Journal of Family Therapy*, 17 (2), 85–96.
44. Brandt L.W. (1965), Studies of "dropout" patients in psychotherapy: A review of findings, *Psychotherapy: Theory, Research and Practice*, 2, 2–13.
45. Breitholtz E., Öst L.G. (1997), Altmetric Original Articles Therapist behaviour during one-session exposure treatment of spider phobia: Individual vs group setting, *Scandinavian Journal of Behavioral Therapy*, 26 (4), 171–180.
46. Brown J., Dreis S., Nace, D.K. (1999), What really makes a difference in psychotherapy outcome? Why does managed care want to know? In M. Hubble, B.L. Duncan, S.D. Miller (Eds.), *The heart and soul of change: What works in therapy*, American Psychological Association, Washington, D.C., pp. 389–406.
47. Budman S.H., Gurman A.S. (1988), *Theory and practice of brief therapy*, Guilford, New York/London.
48. Budman S.H., Hoyt M.H., Friedman S. (1993), *The first session in brief therapy*, Guilford, New York.
49. Buono A., Moore R., Poulfelt F., Nielsen R.K., Schultz M., Yaeger T. (2013), *Co-Creating Actionable Research*, Professional Development Workshop presented at the Academy of Management 2013 Annual Meeting, Lake Buena Vista — Florida, USA.
50. Burnett B., Evans D. (2016), *Designing your life: Build a life that works for you*, Chatto & Windus, London.
51. Cameron C. (2007), Single session and walk-in psychotherapy: A descriptive account of the literature, *Counselling and Psychotherapy Research*, 7 (4), 245–249. doi:10.1080/14733140701728403
52. Campbell A. (1999), Single Session Interventions: An example of clinical research in practice, *Australian & New Zealand Journal of Family Therapy*, 20 (4), 183–194.
53. Campbell A. (2012), Single-session approaches to therapy: Time to review, *Australian and New Zealand Journal of Family Therapy*, 33 (1), 15–26.
54. Cannistrà, F. (2019a). L'elemento dimenticato: il cliente. In A. Alberini, P. Pirro (a cura di), *Verso il benessere. Andare oltre il problema: una chiave per l'autorealizzazione*, Compagnia Editoriale Aliberti, Correggio, pp. 29–49.
55. Cannistrà F. (2019b), A violent life: Using Brief Therapy "Logics" to Facilitate Change. In M.F. Hoyt, M. Bobele (Eds.), *Creative therapy in challenging situations*, Routledge, New York, pp. 47–57.

56. Cannistrà F. (2021), The vital role of the therapist's mindset. In M.F. Hoyt, J. Young, P. Rycroft, *Single session thinking and practice in global, cultural, and familial contexts: expanding applications*, Routledge, New York, pp. 77–88.
57. Cannistra F., Piccirilli F., D'Alia P.P., Giannetti A., Piva L., Gobbato F., Guzzardi R., Ghisoni A., Pietrabissa G. (2020), Examining the incidence and clients' experiences of Single Session Therapy in Italy: a feasibility study, *Australian and New Zealand Journal of Family Therapy*, 41 (3), 271–282.
58. Carpetto G. (2008), *Interviewing and brief therapy strategies: An integrative approach*, Pearson, Atlanta, GA.
59. Carroll K.M., Libby B., Sheehan J., Hyland N. (2001), Motivational interviewing to enhance treatment initiation in substance abusers: An effectiveness study, *American Journal on Addictions*, 10, 335–339.
60. Cavicchi I. (2015), Questione medica. Come uscire dalla palude, *Quotidiano Sanità*.
61. Cialdini R. (1993), *The psychology of persuasion*, 2nd edition, Quill William Morrow & Co., New York.  
(Чалдини Р. *Психология влияния. Убеждай, воздействуй, защищайся*. — СПб.: Питер, 2010. — 336 с.)
62. Cialdini R. (2016), *Pre-suasion. A revolutionary way to influence and persuade*, Simon & Schuster, New York.
63. Cittadinanza Attiva (2015), *XVIII Rapporto Pit Salute. Sanità pubblica, accesso privato*, Franco Angeli, Roma.
64. Claiborn C.D., Goodyear R. (2005), Feedback in psychotherapy, *Journal of Clinical Psychology*, 61 (2), 209–217. doi:10.1002/jclp.20112
65. Claiborn C.D., Goodyear R.K., Horner P.A. (2001), Feedback, *Psychotherapy: Theory, Research, Practice, Training*, 38 (4), 401–405.
66. Claiborn C.D., Goodyear R.K., Horner P.A. (2002), Feedback. In J.C. Norcross (Ed.), *Psychotherapy relationships that work*, Oxford University Press, New York, pp. 217–233.
67. Clark T., Osterwalder A., Pigneur Y. (2012), *Business model you*, Wiley, New Jersey.
68. Comitato Nazionale per la Bioetica (1992), Informazione e consenso all'atto medico, *Società e istituzioni*, Presidenza del consiglio dei ministri, dipartimento per l'informazione e l'editoria.
69. Cooper S., Archer J. Jr. (1999), Brief therapy in college counseling and mental health, *Journal of American College Health*, 48 (1), 21–28. doi:10.1080/07448489909595668

70. Copeland J., Swift W., Roffman R., Stephens R. (2001), A randomized controlled trial of brief cognitive-behavioral interventions for cannabis use disorder, *Journal of Substance Abuse Treatment*, 21 (2), 55–64.
71. Coverley C.T., Garrald M.E., Bowman F. (1995), Psychiatric intervention in primary care for mothers whose schoolchildren have psychiatric disorder, *British Journal of General Practice*, 45, 235–237.
72. Cummings N.A. (1990), Brief intermittent psychotherapy throughout the life cycle. In J.K. Zeig & S.G. Gilligan (Eds.), *Brief therapy: Myths, methods, and metaphors*, Brunner/Mazel, New York, pp. 169–184.
73. Cummings N. A., Sayama, M. (1995), *Focused psychotherapy: A casebook of brief, intermittent psychotherapy throughout the life cycle*, Brunner/Mazel, New York.
74. Cunningham B. (1976), Action research: Towards a procedural model, *Human Relations*, 29 (3), 215–238.
75. Curtis A., Whittaker A., Stevens S., Lennon A. (2010), Single session family intervention in a local authority family centre setting, *Journal of Social Work Practice*, 16 (1), 37–41. doi:10.1080/02650530220134746
76. De Giacomo P., Margari F., Santoni Rugiu (1989), Short-term interactional therapy of anorexia nervosa, *International Journal of Family Psychiatry*, 10 (1/2), 111–122.
77. De Girolamo G., Bassi M., Neri G., Ruggeri M., Santone G., Picardi A. (2007), The current state of mental health care in Italy: Problems, perspectives, and lessons to learn, *European Archives of Psychiatry and Clinical Neurosciences*, 257, 83–91. doi:10.1007/s00406-006-0695-x
78. De Girolamo G., Polidori G., Morosini P., Scarpino V., Reda V., Serra G., Mazzi F., Alonso J., Vilagut, G., Visonà G., Falsirollo F., Rossi A., Warner R. (2006), Prevalence of common mental disorders in Italy. Results from the European Study of the Epidemiology of Mental Disorders (ESEMeD), *Social Psychiatry and Psychiatric Epidemiology*, 41, 853–861.
79. De Koster K., Devisé I., Flament I., Loots G. (2004), Two practices, one perspective, many constructs: On the implication of social constructionism on scientific research and therapy, *Brief Strategic and Systemic Therapy European Review*, 1, 74–80.
80. Del Castello E., Loriedo C. (1995), *Tecniche dirette e indirette in ipnosi e psicoterapia*, Franco Angeli, Milan.
81. Denner S., Reeves S. (1997), Single session assessment and therapy for new referrals to CMHTS, *Journal of Mental Health*, 6 (3), 275–280. doi:10.1080/09638239718806

82. De Schill S., Lebovici S. (Eds) (1999), *The challenge to psychoanalysis and psychotherapy*, Jessica Kingsley Publishers, London.
83. De Shazer S. (1984), The death of resistance, *Family Process*, 23 (11), 11–17.
84. De Shazer S. (1988), *Clues: Investigating solutions in brief therapy*, Norton, New York.
85. De Shazer S., Berg I.K., Lipchik E., Nunnally E., Molnar A., Gingerich W., Weiner-Davis M. (1986), Brief therapy: Focused solution development, *Family Process*, 25 (2), 207–221.
86. De Shazer S., Dolan Y.M., Korman H., Trepper T.S., McCollum E.E., Berg I.K. (2006), *More than miracles: The state of the art of solution focused therapy*, Haworth Press, New York.
87. Doran G.T. (1981), There's a S.M.A.R.T. way to write management's goals and objectives, *Management Review*, 70 (11), 35–36.
88. Dryden W. (2016), *When time is at a premium: Cognitive behavioural approaches to single-session therapy and very brief coaching*, Rationality Publications, London.
89. Dryden W. (2017), *Single session integrated cognitive behaviour therapy (SSI-CBT): Distinctive features*, Routledge, New York.
90. Duan W., Bu H. (2017), Randomized trial investigating of a single-session character-strength-based cognitive intervention on freshman's adaptability, *Research on Social Work Practice*. doi:10.1177/1049731517699525
91. Ducci G. (1995), La semina: un paradigma dello stile psicoterapeutico di Erickson. In E. Del Castello, C. Loriedo (Eds.), *Tecniche dirette e indirette in ipnosi e psicoterapia*, Franco Angeli, Milan., pp. 52–61.
92. Duncan B.L., Miller S.D. (2000), The client's theory of change: Consulting the client in the integrative process, *Journal of Psychotherapy Integration*, 10 (2), 169–187.
93. Duncan B. L., Miller S. D. (2004), *The heroic client. A revolutionary way to improve effectiveness through client-directed, outcome-informed therapy*, Jossey-Bass, San Francisco, CA.
94. Duncan B.L., Miller S.D., Sparks J., Claud D., Reynolds L., Brown J., Johnson L. (2003), The Session rating scale: Preliminary psychometric property of a “working” alliance measure, *Journal of Brief Therapy*, 3 (1), 3–12.
95. Durlak J.A., DuPre E.P. (2008), Implementation matters: A review of research on the influence of implementation on program outcomes and the factors affecting implementation, *American Journal of Community Psychology*, 41 (3-4), 327–350.

96. Dweck C. (2008), Mindsets and math/science achievement. Teaching & leadership: managing for effective teachers and leaders, *Paper prepared for the Carnegie-IAS Commission on Mathematics and Science Education*, New York.
97. Dweck C. (2012), *Mindset: How you can fulfil your potential*, Hachette, UK.
98. Eliot T.S. (1943), *Four Quartets*, Harcourt, San Diego.
99. ENPAP — Ente Nazionale di Previdenza ed Assistenza per gli Psicologi (2015), Posizionamento e promozione della figura dello psicologo.
100. Erickson M. H. (1966), The interspersal technique for symptom correction and pain control, *American Journal of Clinical Hypnosis*, 8, 198–209.
101. Erickson M.H. (1967), *Advanced techniques of hypnosis and therapy*, Grune & Stratton, New York/London.
102. Fabris G. (1995), *Consumatore & mercato. Le nuove regole*, Sperling & Kupfer, Milan.
103. Fabris G. (2003), *Il nuovo consumatore: verso il postmoderno*, Franco Angeli, Rome.
104. Fester D.J., Newman F.L., Rice C. (2003), Longitudinal analysis when the experimenters does not determine when treatments end: What is dose response?, *Clinical Psychology and Psychotherapy*, 10 (6), 352–360.
105. Feuerstein R., Feuerstein R.S., Falik L., Rand Y. (2006). *The Feuerstein Instrumental Enrichment Program*, ICELP Publications, Jerusalem.
106. Findlay R. (2007), A mandate for honesty, Jeff Young's No Bullshit Therapy: An interview. *Australian and New Zealand Journal of Family Therapy*, 28 (3), 165–170.
107. Fiori Nastro P., Armando M., Righetti V., Saba R., Dario C., Carnevali R., Birchwood M., Girardi P. (2013), Disagio mentale in un campione comunitario di giovani adulti: l'help-seeking in un modello generalista di salute mentale, *Rivista di psichiatria*, 48 (1), 60–66.
108. Fisch R., Schlanger, K. (2002), *Brief therapy with intimidating cases*, Jossey-Bass, San Francisco, CA.
109. Fisch R., Weakland J.H., Segal L. (1982), *The tactics of change. Doing therapy briefly*, Jossey-Bass, San Francisco, CA.
110. Fisch R., Weakland J.H., Watzlawick P., Segal L., Hoebel F.C., Deardorff C.M. (1975), *Learning brief therapy: An introduction manual*, Mental Research Institute, Palo Alto, CA.
111. Follette W.T., Cummings N.A. (1967), Psychiatric services and medical utilization in a prepaid health care setting, *Medical Care*, 5, 25–35.
112. Fook J., Ryan M., Hawkins L. (1997), Towards a theory of social work expertise, *British Journal of Social Work*, 27 (2), 399–417.

113. Frank J.D., Frank J.B. (1993), *Persuasion and healing: A comparative study of psychotherapy*, 3rd edition, Johns Hopkins University Press, Baltimore and London.
114. Freidson E. (2002), *La dominanza medica. Le basi sociali della malattia e delle istituzioni sanitarie*, Franco Angeli, Rome.
115. Freud S., Breuer J. (1893–1895), *Studies on hysteria*, *The Standard Edition of the Complete Psychological Works of Sigmund Freud*, Vol. II. The Hogarth Press and the Institute of Psycho-Analysis, London 1955.
116. Garfield S.D. (1986), Research on client variables in psychotherapy. In S.L. Garfield, A.E. Bergin (Eds.), *Handbook of psychotherapy and behavior change* (3rd edition), Wiley, New York, pp. 213–256.
117. Gasperoni G., Marradi A. (1996), Metodo e tecniche nelle scienze sociali. In *Enciclopedia delle scienze sociali*. Consulted online on 03 July 2017: [www.treccani.it/enciclopedia/metodo-e-tecniche-nelle-scienze-sociali\\_%28Encyclopaedia-delle-scienze-sociali%29/](http://www.treccani.it/enciclopedia/metodo-e-tecniche-nelle-scienze-sociali_%28Encyclopaedia-delle-scienze-sociali%29/)
118. Gawrysiak M., Nicholas, C.R.N., Hopko, D.R. (2009), Behavioral activation for moderately depressed university students: Randomized controlled trial, *Journal of Counseling Psychology*, 56 (3), 468–475.
119. Gergen K. (1999), *An invitation to social constructionism*, Sage, London.
120. Geyerhofer S., Komori Y. (2004), Integrating post-structuralist models of brief therapy, *Brief Strategic and Systemic Therapy European Review*, 1, 46–64.
121. Goodman D., Happell B. (2006), The efficacy of family intervention in adolescent mental health, *International Journal of Psychiatric Nursing Research*, 12 (1), 1364–1377.
122. Gordon D., Meyers-Anderson M. (1981), *Phoenix: Therapeutic patterns of Milton H. Erickson*, Meta Publications, Capitola, CA.  
(Дэвид Гордон, Мэрибет Майерс-Андерсон. *Феникс. Терапевтические паттерны Милтона Эрикссона*. — СПб.: Прайм-ЕвроЗнак, 2004. — 192 с.)
123. Grasso M., Lombardo G.P., Pinkus L. (1988), *Psicologia clinica*, La Nuova Italia Scientifica, Rome.
124. Gregory S. (2010), Medico-paziente: un rapporto in crisi, *XXI Secolo*. Consulted on 09 September 2016: [www.treccani.it/enciclopedia/medico-paziente-un-rapporto-in-crisi\\_\(XXI-Secolo\)](http://www.treccani.it/enciclopedia/medico-paziente-un-rapporto-in-crisi_(XXI-Secolo))
125. Goulding M.M., Goulding R.L. (1979), *Changing lives through redecision therapy*, Brunner/Mazel, Rome.
126. Grimshaw J.M., Eccles M.P. (2004), Is evidence-based implementation of evidence-based care possible?, *Medical Journal of Australia*, 180, S50-S51.

127. Grotjahn M. (1946), Case C. In F. Alexander, T.M. French (1946), *Psychoanalytic therapy: Principles and application*, Ronald Press, New York.
128. Gulley C.C., Hwang D., Ho S., Petrilla J.C., Chang N.S., Chang J.W., Kim J.B., Woodrum R., Becker K.A. (2013), Effectiveness of a single-session cognitive behavioral therapy program in a large group setting for insomnia and impact on healthcare utilization, *Sleep*, 36, Abstract Supplement, Abstract 0555.
129. Haley J. (1973), *Uncommon therapy. The psychiatric techniques of Milton Erickson*, M.D., Norton & Co., New York.
130. Haley J. (1977), *Problem solving therapy*, Jossey-Bass, San Francisco.
131. Hampson R., O'Hanlon J., Franklin A., Pentony M., Fridgant L., Heins T. (1999), The place of Single Session Family Consultations: Five years' experience in Canberra, *Journal of Family Therapy*, 20 (4), 195–200. doi:10.1111/j.0814-723X.1999.00129.x
132. Hansen N.B., Lambert, M.J. (2003), An evaluation of the dose-response relationship in naturalistic treatment settings using survival analysis, *Mental Health Services Research*, 5, 1–12.
133. Hansen N.B., Lambert M.J., Forman E.M. (2002), The psychotherapy dose-response effect and its implications for treatment delivery services, *Clinical Psychology: Science and Practice*, 9 (3), 329–343.
134. Harnett P., O'Donovan A., Lambert M. J. (2010), The dose response relationship in psychotherapy: Implications for social policy, *Clinical Psychologist*, 14 (2), 39–44.
135. Hauner K.K., Mineka S., Voss J.L., Paller K.A. (2012), Exposure therapy triggers lasting reorganization of neural fear processing, *Proceeding of the National Academy of Sciences*, 109 (23), 9203–9208. doi:10.1073/pnas.1205242109
136. Hillman J. (1992), *The Thought of the Heart and the Soul of the World*, Spring Pubns, Thompson, CT.
137. Hobsbawm E. J. (1994), *The age of extremes: The short twentieth century, 1914–1991*, Michael Joseph, London.
138. Hoffman L. (1992), A reflexive stance for family therapy. In S. McNamee, K.J. Gergen (Eds.), *Therapy as social construction*, pp. 21–29. Sage, London.
139. Holst M., Willenheimer R., Mårtensson J., Lindholm M., Strömberg A. (2006), Telephone follow-up of self-care behaviour after a single session education of patients with heart failure in primary health care, *European Journal of Cardiovascular Nursing*, 6, 153–159.
140. Howard K.I., Kopte S.M., Krause M.S., Orlinsky D.E. (1986), The dose-effect relationship in psychotherapy, *American Psychologist*, 41, 159–164.

141. Howe D. (1993), *On being a client: Understanding the process of counseling and psychotherapy*, Sage, London.
142. Hoyt M.F. (Ed.) (1994a), *Constructive therapies*, Guilford Press, New York-London.
143. Hoyt M.F. (1994b), Single session solutions. In M.F. Hoyt (Ed.), *Constructive therapies*, Guilford Press, New York, pp. 140–159.
144. Hoyt M.F. (1995), *Brief therapy and managed care*, Jossey-Bass, San Francisco.
145. Hoyt M.F. (Ed.) (1996a), *Constructive therapies*, Vol. 2, Guilford Press, New York.
146. Hoyt M.F. (1996b), Postmodernism, the relational self, constructive therapies, and beyond: A conversation with Kenneth Gergen. In M.F. Hoyt (Ed.), *Constructive therapies*, Vol. 2, Guilford Press, New York, pp. 347–368.
147. Hoyt M.F. (Ed.) (1998), *The handbook of constructive therapies*, Jossey-Bass, San Francisco.
148. Hoyt M.F. (2000a), *Some stories are better than others: Doing what works in brief therapy and managed care*, Brunner/ Mazel, Philadelphia.
149. Hoyt M.F. (2000b), A single-session therapy retold: Evolving and restored understandings. In M.F. Hoyt, *Some stories are better than others*, Brunner Mazel, Philadelphia, pp. 169–188.
150. Hoyt M.F. (2009), *Brief psychotherapies: Principles and practices*, Zeig, Tucker, & Theisen, Phoenix, AZ.
151. Hoyt M.F. (2014), Psychology and my gallbladder: An insider's account of a single session therapy. In M.F. Hoyt, M. Talmon (Eds.), *Capturing the moment: Single session therapy and walk-in services*, Crown House Publishing, Bethel, CT, pp. 53–72.
152. Hoyt M.F. (2018), *Brief therapy and beyond: Stories, language, love, hope, and time*, Routledge (Taylor & Francis), New York.
153. Hoyt M.F., Bobele M., Slive A., Young J., Talmon, M. (Eds.) (2018), *Single-session therapy by walk-in or appointment: Administrative, clinical and supervisory aspects*, Routledge, New York.
154. Hoyt M.F., Rosenbaum R., Talmon, M. (1987), *Single-session psychotherapy: Increasing effectiveness and training clinicians*, Unpublished paper presented at the American Psychological Association, New York.
155. Hoyt M.F., Rosenbaum R., Talmon, M. (1990), Effective single-session therapy: Step-by-step guidelines. In M. Talmon, *Single session therapy: Maximizing the effect of the first (and often only) therapeutic encounter*, Jossey-Bass, San Francisco, pp. 43–60.

156. Hoyt M. F., Rosenbaum R.L., Talmon M. (1992), Planned single-session psychotherapy. In S.H. Budman, M.F. Hoyt, S. Friedman (Eds.), *The first session in brief therapy*, Guilford Press, New York, pp. 59–86.
157. Hoyt M.F., Talmon, M. (Eds.) (2014a), *Capturing the moment. Single session therapy and walk-in services*, Crown House, Bancyfelin, UK.
158. Hoyt M.F., Talmon, M. (2014b), Editors' introduction: Single session therapy and walk-in services. In M.F. Hoyt, M. Talmon (Eds.), *Capturing the moment. Single session therapy and walk-in services*, Crown House, Bancyfelin, UK, pp. 2–26.
159. Hoyt M.F., Young J., Rycroft P. (2021), *Single session thinking and practice in global, cultural, and familial contexts: expanding applications*, Routledge, New York.
160. Hunsley J., Aubry T.D., Verstervelt C.M., Vito D. (1999), Comparing therapist and client perspective on reasons for psychotherapy termination, *Psychotherapy: theory, research, practice, training*, 37 (4), 380–388.
161. Hurn R. (2005), Single-session therapy: Planned success or unplanned failure?, *Counselling Psychology Review*, 20 (4), 33–40.
162. Hymmen P., Stalker C.A., Cait C. (2013), The case for single-session therapy: Does the empirical evidence support the increased prevalence of this service delivery model?, *Journal of Mental Health*, 22 (1), 60–71.  
<https://pubmed.ncbi.nlm.nih.gov/23343048/>
163. IlSole24Ore (2015), Salute, gli italiani si informano sul web ma non rinunciano al medico, *Sanità*. Consulted on 16 September 2016: <http://salute24.ilssole24ore.com/articles/18273-salute-gli-italiani-si-informano-sul-web-ma-non-rinunciano-al-medico>
164. Iveson C., George E., Ratner H. (2014), Love is all around: A solution-focused Single Session Therapy. In M. Hoyt, M. Talmon (Eds.), *Capturing the moment. Single session therapy and walk-in services*, Crown House, Bancyfelin, UK, pp. 325–348.
165. James W. (2010), *The will to believe*, The Floating Press, Auckland.
166. Jarero I., Uribe S. (2011), The EMDR protocol for recent critical incidents: Brief report of an application in a human massacre situation, *Journal of EMDR Practice and Research*, 5 (4), 156–165.
167. Jevne R., Zingle H., Ryan D., McDougall C., Moretmore E. (1995), Single-session therapy for teachers with a health disabling condition, *Employee Counseling Today*, 7 (1), 5–11.
168. Job V., Dweck C.S., Walton G. M. (2010), Ego depletion — Is it all in your head? Implicit theories about willpower affect self-regulation, *Psychological Science*, 21 (11), 1686–1693.

169. Johnson L.N. (1995), *Noticing pretreatment change: Effects on therapeutic outcome in family therapy* (Doctoral dissertation).
170. Jones T., Lookatch S., Moore T. (2013), Effects of a single session group intervention for pain management in chronic pain patients: A pilot study, *Pain and Therapy*, 2 (1), 57–64.
171. Jones W.P., Kadlubek R.M., Marks W.J. (2006), Single-session treatment: A counseling paradigm for school psychology, *The School Psychologist*, 60, 112–115.
172. Jordan K., Quinn W.H. (1994), Session two outcome of the formula first session task in problem- and solution-focused approaches, *The American Journal of Family Therapy*, 22, (1), 3–16. doi:10.1080/01926189408251293
173. Kaffman M. (1990), *Single-Session interventions in the kibbutz setting*. Unpublished manuscript.
174. Kaffman M. (1995), Brief therapy in the Israeli kibbutz, *Contemporary Family Therapy*, 17 (4), 449–468. doi:10.1007/BF02249356
175. Kashdan T.B., Adams L., Read J., Hawk L. Jr. (2012), Can a one-hour session of exposure treatment modulate startle response and reduce spider fears?, *Psychiatry Research*, 196, 79–82. doi:10.1016/j.psychres.2011.12.002
176. Kellner R., Neidhardt J., Krakow B., Pathak D. (1992), Changes in chronic nightmares after one session of desensitization or rehearsal instructions, *American Journal of Psychiatry*, 149 (5), 659–663.
177. Kogan L.S. (1957a), The short-term case in a family agency, *Social Casework*, 38, 231–238.
178. Kogan L.S. (1957b), The short-term case in a family agency, *Social Casework*, 38, 296–302.
179. Kogan L.S. (1957c), The short-term case in a family agency, *Social Casework*, 38, 366–374.
180. Koss M.P. (1979), Length of psychotherapy for clients seen in private practice, *Journal of Consulting and Clinical Psychology*, 47 (1), 210–212.
181. Kozak A.T., Spates C.R., McCharge D.E., Bailey K.C., Schneider K.L., Liepman M.R. (2007), Naltrexone renders onesession exposure therapy less effective: A controlled pilot study. *Journal of Anxiety Disorders*, 21 (1), 142–152.
182. Kutz I., Resnik V., Dekel, R. (2008), The effect of single-session modified EMDR on acute stress syndromes, *Journal of EMDR Practice and Research*, 2 (3), 190–200.
183. Lambert M.J. (1986), Implications of psychotherapy outcome research for eclectic psychocounseling. In J.C. Norcross (Ed.), *Handbook of eclectic psychotherapy*, Brunner/Mazel, New York, pp. 436–462.

184. Lambert M.J. (2010), "Yes, it is time for clinicians to routinely monitor treatment outcome". In B.L. Duncan, S.D. Miller, B.E. Wampold, M.A. Hubble (Eds.), *The heart and soul of change*, American Psychological Association, Washington, DC.
185. Lamprecht H., Laydon C., McQuillan C., Wiseman S., Williams L., Gash A., Reilly J. (2007), Single-session solution-focused brief therapy and self-harm: A pilot study, *Journal of Psychiatric and Mental Health Nursing*, 14 (6), 601-602. doi:10.1111/j.1365-2850.2007.01105.x
186. Lawson A., McElheran N., Alive, A. (2006), *Why clients return to a single session walk-in counseling service*. Unpublished manuscript.
187. Lawson D. (1994), Identifying pretreatment change, *Journal of Counseling and Development*, 72, 244-248.
188. Lazarus A.A. (1971), *Behavior therapy and beyond*, McGraw-Hill, Washington, DC.
189. Lerner Y., Levinson D. (2012), Dropout from outpatient mental health care: Results from the Israel National Health Survey, *Social Psychiatry and Psychiatric Epidemiology*, 7 (6), 949-955. doi:10.1007/s00127-011-0402-8
190. Leslie P.J. (2014), *Potential not pathology*, Karnak, London.
191. Levitt H., Butler M., Hill T. (2006), What clients find helpful in psychotherapy: Developing principles for facilitating moment-to-moment change, *Journal of Counselling Psychotherapy*, 53 (3), 314-324.
192. Lewin K. (1946) Action research and minority problems. In G.W. Lewin (Ed.) (1948), *Resolving social conflicts*, Harper & Row, New York.
193. Leys S. (Ed.) (2006), *I detti di Confucio*, Adelphi, Milan.
194. Littrell J.M., Malia J.A., Vander Wood M. (1995), Single-session brief counseling in a high school, *Journal of Counseling & Development*, 73 (4), 451-458. doi:10.1002/j.1556-6676.1995.tb01779.x
195. Macdonald A.J. (1994), Brief therapy in adult psychiatry, *Journal of Family Therapy*, 16 (4), 415-426.
196. Macharia W.M., Leonard G. (1992), An overview of interventions to improve compliance with appointment keeping for medical services, *Journal of the American Medical Association*, 267 (13), 1813-1817.
197. Maeschalck C.L., Barfknecht L.R. (2017), Using client feedback to inform treatment. In D.S. Prescott, C.L. Maeschalck & S.D. Miller, *Feedback-informed treatment in clinical practice: Reaching for excellence*, American Psychological Association, Washington, DC, pp. 53-77.
198. Malan D.H., Bacal H.A., Heath E.S., Balfour F.H. (1968), Psychodynamic changes in untreated neurotic patients, I, *British Journal of Psychiatry*, 114 (510), 525-551.

199. Malan D.H., Heath E.S., Bacal H.A., Balfour F.H. (1975), Psychodynamic changes in untreated neurotic patients, II: Apparently genuine improvements, *Archives of General Psychiatry*, 32 (1), 110–126. doi:10.1001/arch-psyc.1975.01760190112013
200. Mantovanini M.T. (2010), Psicoanalisi: aspetti di una crisi annunciata, *Psychomedia*. Consulted on 09 September 2016: [www.psychomedia.it/pm/indther/latinoam/mantovanini.htm](http://www.psychomedia.it/pm/indther/latinoam/mantovanini.htm)
201. Marchignoli R., Lodi M. (2016), *EAS e pensiero computazionale*, La Scuola, Brescia.
202. McCambridge J., Strang J. (2004), The efficacy of a single-session motivational interviewing in reducing drug consumption and perceptions of drug-related risk and harm among young people: Results from a multisite cluster randomized trial, *Addiction*, 99 (1), 39–52.
203. McNamee S., Gergen K.J. (Eds.) (1991), *Therapy as social construction*, Sage, London.
204. Meridiano Sanità (2015), La sanità del futuro: Prevenzione, Innovazione e Valeore, *Forum Meridiano Sanità 10° edizione*.
205. MES (2013), *Progetto indicatori di valutazione per percorso assistenziale*. Consulted on 26 September 2016: [https://www.psichiatria.it/wp-content/uploads/2013/02/RelazioneMES\\_25\\_01\\_2013.pdf](https://www.psichiatria.it/wp-content/uploads/2013/02/RelazioneMES_25_01_2013.pdf)
206. Miller J.K. (2008), Walk-in single-session team therapy: A study of client satisfaction, *Journal of Systemic Therapy*, 27 (3), 78–94.
207. Miller J.K., Slive A. (2004), Breaking down the barriers to clinical service delivery: Walk-in family therapy, *Journal of Marital and Family Therapy*, 30, 95–105.
208. Miller S.D., Duncan B.L. (2000), *The Outcome Rating Scale*. Authors, Chicago, IL.
209. Miller S.D., Duncan B.L., Brown J., Sorrell R., Chalk M.B. (2006), Using formal client feedback to improve retention and outcome: Making ongoing, real-time assessment feasible, *Journal of Brief Therapy*, 5 (1), 5–22.
210. Miller S., Duncan B.L., Brown J., Sparks J.A., Claud D.A. (2003), The Outcome Rating Scale: A preliminary study of the reliability, validity, and feasibility of a brief analog measure, *Journal of Brief Therapy*, 3 (3), 91–100.
211. Ministero della Salute (2011), *Relazione sullo Stato Sanitario del Paese*.
212. Moderato P. (2015), Storia della psicoterapia cognitivo-comportamentale. In G. Melli, C. Sica (Eds.), *Fondamenti di psicologia e psicoterapia cognitivo comportamentale*, Eclipsi, Florence, pp. 3–18.
213. Morlino M., Martucci G., Musella V., Bolzan M., de Girolamo G. (1995), Patients dropping out of treatment in Italy, *Acta Psychiatrica Scandinavica*, 92 (1), 1–6. doi:10.1111/j.1600-0447.1995.tb09534.x

214. Muggeo M.A., Stewart C.E., Drake K.L., Ginsburg G.S. (2017), A school nurse-delivered intervention for anxious children: An open trial, *School Mental Health*, 9 (2), 157–171.
215. Nardone G. (2009), *Problem solving strategico da tasca*, Ponte alle Grazie, Milan.
216. Nardone G., Salvini A. (2004), *Il dialogo strategico*, Ponte alle Grazie, Milan.
217. Nardone G., Watzlawick P. (1990), *L'arte del cambiamento*, Ponte alle Grazie, Milan.
218. Norcross J. (2010), The therapeutic relationship. In B. L. Duncan, S.D. Miller, B.E. Wampold, M.A. Hubble (Eds.), *The heart and soul of change* (2nd edition), American Psychological Association, Washington, DC, pp. 113–142.
219. Norcross J. (Ed.) (2011), *Psychotherapy relationship that work: Evidence-based responsiveness*, Oxford University Press, New York.
220. Nuthall A., Townend M. (2007), CBT-based early intervention to prevent panic disorder: A pilot study. *Behavioural and Cognitive Psychotherapy*, 35 (1), 15–30. <https://psycnet.apa.org/record/2007-01615-002>
221. O'Hanlon W.H., Weiner-Davis M. (1989), *In search of solutions: A new direction in psychotherapy*, Norton and Company, inc., New York.
222. O'Hanlon W., Wilk J. (1987), *Shifting contexts: The generation of effective psychotherapy*, Guilford Press, New York.
223. Olesen J., Gustavsson A., Svensson M., Wittchen H.U., Jönsson B. (2012), The economic cost of brain disorders in Europe, *European Journal of Neurology*, 19, 155–162.
224. Olfson M., Mojtabai R., Sampson N.A., Hwang I., Kessler R.C. (2009), Dropout from outpatient mental health care in the United States, *Psychiatric Services*, 60 (7), 989–999. doi:10.1176/appi.ps.60.7.898
225. Ollendick T.H., Ost L.G., Reuterskiöld L., Costa N., Cederlund R., Sirbu C., Davis T.E., Jarrett M.A. (2009), One-session treatment of specific phobias in youth: A randomized clinical trial in the United States and Sweden, *Journal of Consulting and Clinical Psychology*, 77 (3), 504–516. doi:10.1037/a0015158
226. Omer H. (1993), Quasi-literary elements in psychotherapy, *Psychotherapy*, 30 (1), 59–66.
227. O'Neill I., Rottem N. (2012), Reflections and learning from an agency-wide implementation of single session work in family therapy, *Australian and New Zealand Journal of Family Therapy*, 33 (1), 70–83.
228. Ono Y., Furukawa T.A., Shimizu E., Okamoto Y., Nakagawa A., Fujisawa D., Nakagawa A., Ishii, T., Nakajima S. (2011), Current status of research on cognitive therapy/cognitive behavior therapy in Japan, *Psychiatry and Clinical Neurosciences*, 65 (2), 121–129. doi:10.1111/j.1440-1819.2010.02182.x

229. Ost L.G. (1989), One-session treatment for specific phobias, *Behavior Research and Therapy*, 7, 1–7.
230. Osterwalder A. (2013a), Part I: A multi-billion dollar difference, *The Wall Street Journal*. Consulted on 09 September 2016: <https://www.wsj.com/articles/BL-232B-349>
231. Osterwalder A. (2013b), Part II: How to improve your business model design, *The Wall Street Journal*. Consulted on 09 September 2016: <http://blogs.wsj.com/accelerators/2013/01/04/part-ii-be-a-game-changer/>
232. Osterwalder A., Pigneur Y. (2010), *Business model generation*, Wiley, New Jersey.
233. Osterwalder A., Pigneur Y., Bernarda G., Smith A. (2014), *Value proposition design*, Wiley, New Jersey.
234. Oxford Dictionaries (2017), Mindset. Consulted on 17 July 2017: <en.oxforddictionaries.com/definition/mindset>
235. Paganucci C. (2004), Therapy in research, research in therapy, *Brief strategic and systemic therapy European review*, 1, 240–245.
236. Palma E. (2016), Via Sabrata, diventano un gruppo d'aiuto le liste d'attesa in psicoterapia, *Corriere della sera*. Consulted on 03 October 2016: [https://roma.corriere.it/notizie/cronaca/16\\_maggio\\_22/via-sabrata-diventano-gruppo-d-aiuto-liste-d-attesa-psicoterapia-7caf5b68-2012-11e6-9888-7852d885e0fc.shtml](https://roma.corriere.it/notizie/cronaca/16_maggio_22/via-sabrata-diventano-gruppo-d-aiuto-liste-d-attesa-psicoterapia-7caf5b68-2012-11e6-9888-7852d885e0fc.shtml)
237. Papert S. (1980), *Mindstorms: Children, computers, and powerful ideas*, Basic Books, New York.
238. Paul K.E., van Ommeren M. (2013), A primer on single session therapy and its potential application in humanitarian situations, *Intervention*, 11 (1), 8–23.
239. Peirce C.S., James W., Lewis C.I. (1982), *Pragmatism: The classic writings*, Hackett Publishing, Cambridge.
240. Pekarik G. (1992a), Relationship of clients' reasons for dropping out of treatment to outcome and satisfaction, *Journal of Clinical Psychology*, 48, 91–98.
241. Pekarik G. (1992b), Posttreatment adjustment of clients who drop-out early vs. late in treatment, *Journal of Clinical Psychology*, 48, 379–387.
242. Perkins R. (2006), The effectiveness of one session of therapy using a single-session therapy approach for children and adolescents with mental health problems, *The British Psychological Society, Psychology and Psychotherapy: Theory, Research and Practice*, 79, 215–227.
243. Perkins R., Scarlett G. (2008), The effectiveness of single session therapy in child and adolescent mental health. part 2: An 18-month follow-up study, *Psychology and Psychotherapy*, 81 (Pt 2), 143.

244. Phillips E. L. (1985), *Psychotherapy revised: New frontiers in research and practice*, Erlbaum, Hillsdale, NJ.
245. Piccirilli, F. (2005), L'operatore sociale come manager dei casi e dei servizi. In P. Patrizi (Ed.), *Professionalità Competenti*, Carrocci Editore, Rome.
246. Pingani L., Catellani S., Arnone F., De Bernardis E., Vinci V., Ziosi G., Turri- ni G., Rigatelli M., Ferrari S. (2012), *Eating and weight disorders*, 17 (4), e290–297. <https://pubmed.ncbi.nlm.nih.gov/23449083/>
247. Poerksen B. (2004), *The certainty of uncertainty. Dialogues introducing constructivism*, Imprint Academic, Charlottesville, VA.
248. Prato (2014), Sanità, vuol fissare visita psicologica per la figlia: “Venga il 16 febbraio 2016”, *Notizie di prato*.
249. Prescott D.S., Maeschalck C.L., Miller S.D. (Eds.) (2017), *Feedback-informed treatment in clinical practice: Reaching for excellence*, American Psychological Association, Washington, DC.
250. PwC (2015), Top health industry issues of 2016. *Thriving in the New Health Economy*. Consulted on 12 September 2016: [https://www.pharmlife-today.com/bbs/download.php?table=bbs\\_11&savefile-name=bbs\\_11\\_4586.pdf&filename=2016+top-issues.pdf](https://www.pharmlife-today.com/bbs/download.php?table=bbs_11&savefile-name=bbs_11_4586.pdf&filename=2016+top-issues.pdf)
251. Rampin M. (2016), Matteo Rampin: “Quando il gioco si fa duro: lo sport, la mente, la fatica”. Intervento per Dialoghi sull'uomo, VII Edizione (Pistoia). Consulted on 10 October 2016: <https://www.youtube.com/watch?v=wWYB9R3nqk0>
252. Rapp C.A., Goscha R.J. (2011), *The strengths model. A recovery-oriented approach to mental health services* (3rd edition), Oxford University Press, Oxford.
253. Reynolds D. J. (2001), Premature termination: The patient's perspective (Doctoral dissertation). Consulted on 21 November 2016: [http://rave.ohiolink.edu/etdc/view?acc\\_num=ucin992364526](http://rave.ohiolink.edu/etdc/view?acc_num=ucin992364526)
254. Richards A. (2015), Psychoanalysis in crisis: The danger of ideology, *Psychoanalytic Review*, 102 (3), 389–405. doi:10.1521/prev.2015.102.3.389
255. Rosenbaum R., Hoyt M.F., Talmon, M. (1990), The challenge of single-session therapies: Creating pivotal moments. In R.A. Wells, V.J. Giannetti (Eds.), *Handbook of the brief psychotherapies*. Plenum Press, New York, pp. 165–189.
256. Rotter J.B. (1966), Generalized expectancies for internal versus external control of reinforcement, *Psychological Monographs*, 80 (1), 1–28.
257. Ryan C., O'Connor S. (2017), Single Session Psychology Clinic for parents of children with Autism Spectrum Disorder: A feasibility study, *Journal of Child and Family Studies*, 26 (6), 1614–1621.

258. Rycroft P. (2018), Capturing the moment in supervision. In M.F. Hoyt, M. Bobele, A. Slive, J. Young, M. Talmon (Eds.), *Single-session therapy by walk-in or appointment: Clinical, supervisory, and administrative aspects*, Routledge, New York.
259. Rycroft P., Young, J. (2014), SST in Australia: Learning from teaching. In M.F. Hoyt, M. Talmon (Eds.), *Capturing the moment: Single-session therapy and walk-in services*, Crown House Publishing, Bethel, CT, pp. 141–156.
260. Salvini A. (1998), *Argomenti di psicologia clinica*, Upsel Domeneghini Editore, Padova.
261. Saraceno C., Naldini, M. (2013), *Sociologia della famiglia*, Il Mulino, Bologna.
262. Sarason S.B. (1988), *The making of an American psychologist: an autobiography*, Jossey-Bass, San Francisco.
263. Saucedo M., Cortes M., Salinas F., Berlanga C. (1997), Frecuencia y causas de deserción de los pacientes que asisten a consulta subsecuente de la división de servicios clínicos del Instituto Mexicano de Psiquiatría, *Salud Mental*, 20 (suppl.), 13–18.
264. Scamardo M., Bobele M., Biever J.L. (2004), A new perspective on client drop-outs, *Journal of Systemic Therapies*, 23 (2), 27–38.
265. Schleider J.L., Mullarkey M.C., Fox K., Dobias M., Shroff A., Hart E., Roulston C.A. (2021, April 8), *Single-session interventions for adolescent depression in the context of COVID-19: a nationwide randomized-controlled trial*. doi:10.31234/osf.io/ved4p
266. Seligman M.P.E. (1990), *Learned optimism*, Pocket Books, New York, NY.  
(Мартин Селигман. *Как научиться оптимизму: измените взгляд на мир и свою жизнь*. — Альпина Паблишер, 2019. — 544 с.)
267. Seligman M.P.E. (1995), The effectiveness of psychotherapy. The Consumer Reports Study, *American Psychologist*, 50 (12), 965–974.
268. Selvini Palazzoli M., Boscolo L., Cecchin G., Prata G. (1978), *Paradosso e controparadosso*, Feltrinelli, Milan.
269. Short D., Erickson B.A., Erickson-Klein R. (2005), *Hope and resilience. Understanding psychotherapeutic strategies of Milton H. Erickson*, Crown House, Carmarthen.
270. Silverman W., Beech R. P. (1984), Length of intervention and client assessed outcome, *Journal of Clinical Psychology*, 40, 475–480.
271. Simon G.E., Imel Z.E., Ludman E.J., Steinfeld B. J. (2012), Is dropout after a first psychotherapy visit always a bad outcome? *Psychiatric Services*, 63 (7), 705.
272. Single Session Work Implementation Parcel (2006), Produced by The Bouvierie Centre, Melbourne, Australia.

273. Slive A. (2008), Special section: Walk-in single session therapy, *Journal of Systemic Therapies*, 27, (4), 1–4.
274. Slive A., Bobele M. (Eds.) (2011), *When one hour is all you have*, Zeig, Tucker & Theisen, Phoenix, AZ.
275. Slive A., Bobele, M. (2013), *Single Session with children & families*. Unpublished paper presented at American Association for Marriage and Family Therapy, Portland, OR, October 2013.
276. Slive A., Bobele M. (2014), Walk-in single session therapy: Accessible mental health services. In M.F. Hoyt, M. Talmon (Eds.), *Capturing the moment: Single-session therapy and walk-in services*, Crown House, Bancyfelin, UK, pp. 73–94.
277. Slive A., McElheran N., Lawson A. (2008), How brief does it get? Walk-in single session therapy, *Journal of Systemic Therapies*, 27, 5–22.
278. Slive A., MacLaurin B., Oakander M., Amundson J. (1995), Walk-in single sessions: A new paradigm in clinical service delivery, *Journal of Systemic Therapies*, 14, 3–11.
279. Sluzki C.E. (1998), Strange attractors and the transformation of narratives in family therapy. In M.F. Hoyt (Ed.), *The handbook of constructive therapies*, Jossey-Bass, San Francisco, pp. 159–179.
280. Smith K. (2014), Mental health: A world of depression, *Nature*. Consulted on 26 September 2016: [www.nature.com/news/mental-health-a-world-of-depression-1.16318](http://www.nature.com/news/mental-health-a-world-of-depression-1.16318)
281. Società Italiana di Psichiatria (2013), *Salute mentale in rete per abbattere “il muro”*. Press release.
282. Sommers-Flanagan J. (2007), Single-session consultations for parents: A preliminary investigation, *The Family Journal: Counselling and Therapy for Couples and Families*, 15, (1), 24–29.
283. Sparks W.A., Daniels J.A., Johnson E. (2003), Relationship of referral source, race, and wait time on preintake attrition, *Professional Psychology: Research and Practice*, 34, 514–518.
284. Spinsanti S. (2010), Cambiamenti nella relazione tra medico e paziente, *XXI Secolo*. Consulted on 9 September 2016: [www.treccani.it/enciclopedia/cambiamenti-nella-relazione-tra-medico-e-paziente\\_\(XXI-Secolo\)](http://www.treccani.it/enciclopedia/cambiamenti-nella-relazione-tra-medico-e-paziente_(XXI-Secolo))
285. Spoerl O.H. (1975), Single session psychotherapy, *Diseases of the Nervous System*, 36, 283–285.
286. Stacey K., Allison S., Dadds V., Roeger L., Wood A., Martin G. (2001), Maintaining the gains: What worked in the year after brief family thera-

- py, *Australian & New Zealand Journal of Family Therapy*, 22 (4), 181–188.  
<https://psycnet.apa.org/record/2002-12584-002>
287. Stern D.N. (2004), *The present moment in psychotherapy and everyday life*, Norton & Co., New York.
288. Sundstrom S.M. (1993), Single-session psychotherapy for depression: Is it better to focus on problems or solutions? *Dissertation Abstracts International*, 54 (7-B), 3867.
289. Swift J.K., Greenberg R.P. (2012), Premature discontinuation in adult psychotherapy: A meta-analysis, *Journal Of Consulting And Clinical Psychology*, 80 (4), 547-559. <https://pubmed.ncbi.nlm.nih.gov/22506792/>
290. Talmon M. (1990), *Single session therapy: maximizing the effect of the first (and often only) therapeutic encounter*, Jossey-Bass, San Francisco.
291. Talmon M. (1993), *Single session solutions: A guide to practical, effective, and affordable therapy*, Addison-Wesley, Boston.
292. Talmon M. (2012), When less is more: Lessons from 25 years attempting to maximize the effect of each (and often only) therapeutic encounter, *Australian and New Zealand Journal of Family Therapy*, 33 (1), 6–14.
293. Talmon M. (2014), When less is more: Maximizing the effect of the first (and often only) therapeutic encounter. In M.F. Hoyt, M. Talmon (Eds.), *Capturing the moment: Single session therapy and walk-in services*, Crown House Publishing, Bethel, CT, pp. 27–40.
294. Talmon M. (2018), The eternal now: On becoming and being a single-session therapist. In M.F. Hoyt, M. Bobele, A. Slive, J. Young, M. Talmon (Eds.), *One at a time: Clinical and administrative aspects of walk-in or by-appointment single-session therapy*. Forthcoming.
295. Talmon M., Hoyt M.F., Rosenbaum R. (1988), *When the first session is the last: A map for rapid therapeutic change*, Symposium presented at the Fourth International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy, “Brief Therapy: Myths, Methods, and Metaphors”, San Francisco.
296. Throckmorton W., Best J.D., Alison K. (2001), Does a prompting statement impact client-reported pretreatment change? An empirical investigation, *Journal of Mental Health Counseling*, 23 (1), 48–56.
297. Treccani (2017), Mentalità. Consulted on 17 July 2017: [www.treccani.it/vocabolario/mentalita/](http://www.treccani.it/vocabolario/mentalita/)
298. Turnbull J.E., Galinsky M.J., Wilner M.E., Meglin D.E. (1994), Designing research to meet service needs: An evaluation of single-session groups for families of psychiatric inpatients, *Research on Social Work Practice*, 4 (2), 192–207.
299. Urrego Z., Abaakouk Z., Roman C., Contreras R. (2012), *Evaluation of results from a single-session psychotherapeutic intervention in population affected by*

- the Colombian internal armed conflict*, 2009. Medici Senza Frontiere. Consulted on 03 June 2017: <http://hdl.handle.net/10144/223391>
300. Urso A., Corsetti D. (1991), Etica della Relazione Terapeutica, *Notiziario dell'Ordine degli Psicologi del Lazio*, 7/8 2007, 41–43.
301. Vigorelli M. (2010), Ricerca multistrumentale in psicoterapia, valutazione in psicosomatica e nei servizi psichiatrici: gruppo di ricerca coordinato da Marta Vigorelli, *Ricerca in Psicoterapia*, 2 (13), 287–321.
302. Von Glaserfeld E. (1981), Introduzione al costruttivismo radicale. In P. Watzlawick (Ed.), *Die erfundene wirklichkeit*, Verlag Piper & Co, pp. 17–36.
303. Von Glaserfeld E. (1995), *Radical constructivism*, The Falmer Press, London.
304. Wainstein M. (1997), L'influenza del costruttivismo sulla psicoterapia breve interazionista. In P. Watzlawick, G. Nardone (Eds.), *Terapia breve strategica*, Raffaello Cortina, Milan, pp. 31–40.
305. Wampold B.E., Imel Z.E. (2015). *The great psychotherapy debate: the evidence for what makes psychotherapy work* (2nd ed.). Routledge/Taylor & Francis Group.
306. Watzlawick P. (1977), *Die moglichkeit des anderssein*, Verlag Hans Huber, Bern.
307. Watzlawick P. (1981), *Die erfundene wirklichkeit*, Verlag Piper & Co.
308. Watzlawick P. (1987), If you desire to see, learn how to act. In J.K. Zeig (Ed.), *The evolution of psychotherapy*, Brunner/Mazel, New York.
309. Watzlawick P. (1997), La costruzione di “realtà” cliniche. In P. Watzlawick, G. Nardone (Eds.), *Terapia breve strategica*, Raffaello Cortina, Milan, pp. 5–18.
310. Watzlawick P., Beavin J.H., Jackson D.D. (1967), *Pragmatics of human communication*, Norton & Co., New York, NY.
311. Watzlawick P., Nardone G. (Eds.) (1997), *Terapia breve strategica*, Raffaello Cortina, Milan.
312. Watzlawick P., Weakland J.H., Fisch R. (1974), *Change: Principles of problem formation and problem resolution*, Norton & Co., New York, NY.
313. Weiner-Davis M., de Shazer S., Gingerich W. J. (1987), Building on pretreatment change to construct the therapeutic solution: An exploratory study, *Journal of Marital and Family Therapy*, 13, 359–363.
314. Weir S., Wills M., Young J., Perlesz A. (2008), *The implementation of Single Session Work in community health*, The Bouverie Centre, La Trobe University, Brunswick, Australia.
315. Wells J.E., Oakley Browne M., Aguilar-Gaxiola S., Al-Hamzawi A., Alonso J., Angermeyer M.C., Bouzan C., Bruffaerts R., Bunting B., Caldas-de-Almeida J.M., de Girolamo G., de Graaf R., Florescu S., Fukao A., Gureje O., Ruskov Hinkov H., Hu C., Hwang I., Karam E.G., Kostyuchenko S., Kovess-Masfety V., Levinson D., Liu Z., Medina-Mora M.E., Nizamie S.H., Posada-Villa J.,

- Sampson N.A., Stein D.J., Viana M.C., Kessler R.C. (2013), Drop out from out-patient mental healthcare in the World Health Organization's World Mental Health Survey initiative, *The British Journal of Psychiatry*, 202 (1), 42–49. doi:10.1192/bjp.bp.112.113134
316. Wells R.A., Giannetti V.J. (Eds.) (1990), *Handbook of the brief psychotherapies*, Plenum Press, New York.
317. Westmacott R. (2011), *Reasons for terminating psychotherapy: Client and therapist perspectives* (Doctoral dissertation). Consulted on 21 November 2016.
318. Westmacott R., Hunsley J. (2010), Reasons for terminating psychotherapy: a general population study, *Journal of Clinical Psychology*, 66 (9), 65–77. doi:10.1002/jclp.20702
319. White M. (1992), Family therapy training and supervision in a world of experience and narrative. In D. Epston, M. White, *Experience, contradiction, narrative and imagination*, Dulwich Centre Publications, Adelaide, Australia, pp. 75–95.
320. White M. (2007), *Maps of Narrative Practice*, Norton & Company, New York.
321. White M., Epston D. (1990), *Narrative means to therapeutic ends*, Norton, New York.
322. Wierzbicki M., Pekarik G. (1993), A meta-analysis of psychotherapy dropout, *Professional Psychology: Research and Practice*, 24 (2), 190–195.
323. Wittgenstein L. (1967), *Ricerche filosofiche* (trad. it.), Einaudi, Turin.
324. Wikipedia (2016a), *Pricewaterhouse-Coopers*. Consulted on 12 September 2016: <https://it.wikipedia.org/wiki/PricewaterhouseCoopers>
325. Wikipedia (2016b), *Generazione Y*. Consulted on 12 September 2016: [https://it.wikipedia.org/wiki/Generazione\\_Y](https://it.wikipedia.org/wiki/Generazione_Y)
326. Wittchen H.U., Jacobi F. (2005), Size and burden of mental disorders in European critical review and appraisal of 27 studies, *European Neuropsychopharmacology*, 15 (4), 357–376.
327. Wittchen H.U., Jacobi F., Rehm J., Gustavsson A., Svensson M., Jönsson B., Olesen J., Allgulander C., Alonso J., Faravelli C., Fratiglioni L., Jennum P., Lieb R., Maercker A., van Os J., Preisig M., Salvador-Carulla L., Simon R., Steinhagen H.C. (2011), The size and burden of mental disorders and other disorders of the brain in Europe 2010, *European Neuropsychopharmacology*, 21 (9), 655–79. doi:10.1016/j.euroneuro.2011.07.018
328. Wolberg L.R. (1965), The technique of short-term psychotherapy. In L.R. Wolberg (Ed.), *Short-term psychotherapy*, Grune & Stratton, New York, pp. 127–200.

329. Yalom I.D. (2002), *The gift of therapy: An open letter to a new generation of therapists and their patients*, Little Brown Book Group, London.  
(Ирвин Ялом. *Дар психотерапии*. — Эксмо, 2019. — 352 с.)
330. Young J. (2018), Single Session Therapy: The misunderstood gift. In M.F. Hoyt, M. Bobele, A. Slive, J. Young, M. Talmon (Eds.), *Single-session therapy by walk-in or appointment: Clinical, supervisory, and administrative aspects*, Routledge, New York.
331. Young J., Rycroft P. (1997), Single session therapy: Capturing the moment, *Psychotherapy in Australia*, 4 (1), 18–23.
332. Young, J., Rycroft P., Weir S. (2014), Implementing single session therapy: Practical wisdoms from Down Under. In M.F. Hoyt, M. Talmon (Eds.), *Capturing the moment: Single session therapy and walk-in services*, Crown House Publishing, Bethel, CT., pp. 121–140.
333. Young, J., Weir, S., Rycroft, P. (2012). Implementing single session therapy, *Australian and New Zealand Journal of Family Therapy*, 33(1), 84–97.
334. Young K. (2011a), When all the time you have is now: Revisiting practices and narrative therapy in a walk-in clinic. In J. Duvall, L. Beres (Eds.), *Innovations in narrative therapy: connecting practice, training, and research*, Norton & Company, New York, pp. 147–166.
335. Young K. (2011b), Narrative practices at a walk-in therapy clinic. In A. Slive, A., M. Bobele (2011), *When one hour is all you have: Effective therapy for walk-in clients*, Zeig, Tucker & Theisen, Phoenix, AZ.
336. Young K., Dick M., Herring K., Lee J. (2008), From waiting lists to walk-in: Stories from a walk-in therapy clinic, *Journal of Systemic Therapies*, 27, 23–39.
337. Yu J.J. (2011), *Predicting psychotherapy client dropout from in-treatment client reported outcomes*. (Unpublished Doctoral Dissertation), A&M University, College Station, Texas. Consulted on 10 October 2016.
338. Zeig J.K. (1985), *Experiencing Erickson. An introduction to the man and his work*, Brunner/Mazel, New York.